

**Irena Pufal-Struzik**

**W**szechnica **Ś**więtokrzyska w **K**ielcach

**W**ydział **H**umanistyczno-**P**edagogiczny

**U**niwersytet **H**umanistyczno-**P**rzyrodniczy **J**K w **K**ielcach

**W**ydział **P**edagogiczny i **A**rtystyczny

**I**nstitut **P**edagogiki i **P**sychologii

## **Who should I be and how should I live?**

### **Creative search of oneself and one's way of life by young people**

The paper presents from the perspective of J. Koziński's theory of transgression and S. Popek's conception of creative attitude, the development of creative aspects of young people's life. The material for the purpose of psychological analysis of the young people's life goals, values and ways of discovering meaning in life and accomplishing tasks was based on diaries, memoirs and personal statements submitted to the regional competition: "MY LIFE – MY SACRUM".